

How to sign up and what's included?

If you are a teacher, you can apply on the Kidscape website to get BIT into your school: www.kidscape.org.uk/bit

Stage 1: Professionals' Bullying Intervention Training

A half-day training session delivered to primary school professionals. This is an interactive workshop which includes recognising bullying behaviour, effective preventative and remedial strategies and practical tools for children to resist bullying and develop friendship and assertiveness skills.

Stage 2: BIT for Children

Support to the professionals as they provide five anti-bullying lessons to their classes. The trainer will attend one lesson to support the professionals.

Stage 3: The Anti-Bullying School

Consultation with the school to encourage and support the mainstreaming of best practice anti-bullying management, systems and policies. This is a further half-day of support and could be a review of the school's Anti-Bullying Policy, a parents' session or a workshop with the School Council.

About Kidscape

Founded in 1985, Kidscape is the UK's longest established anti-bullying charity. We are a small organisation with influence far beyond our size – in part because we work hard to share our insights and techniques with other organisations and individuals all over the world.

We were the first charity to examine the culture of school bullying, and remain at the forefront of new techniques and support.

We raise funds from individual and corporate donors, trusts and foundations, and public and statutory bodies to enable us to continue this vital work.



Kidscape

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Primary Bullying Intervention Training

Funded by



Department
for Education

*A Department for Education funded programme
which is free to primary schools*

What is Primary BIT?

Primary Bullying Intervention Training (BIT) is a Department for Education funded project which will provide free support and early intervention anti-bullying training to professionals and children in Years 4 and 5 in nine London boroughs.



History of the Project

In early 2011 Kidscape was awarded a grant from the Department of Education to widen the reach of its anti-bullying work in secondary schools. A new programme called Bullying Intervention Training (BIT) was developed, drawing on existing Kidscape programmes and materials.

The impact of the project was formally evaluated by the Charities Evaluation Services. As a result of the training, 91% of professionals felt that they were better able to understand the signs that someone was being bullied. 85% of young people felt that they were more confident to deal with bullying in the future.

From the professionals' and trainers' feedback, it was recognised that this type of training and support was also needed in primary schools.

The new Primary BIT Project is a three-stage cascade training model that delivers practical support and resources to professionals, children and parents. The BIT Team trains teachers and other professionals so that they have the skills and confidence to 'cascade' the workshop to the children with whom they work.

How will BIT benefit schools?

The professionals will gain skills and confidence in identifying school bullying behaviour and to effectively deliver preventative and remedial strategies.

The children will gain increased confidence, self-esteem and be equipped with conflict resolution skills, leading to improved attendance, behaviour and attainment.

The school will have been supported in the mainstreaming of bullying prevention strategies, knowledge and best practice. The training provides excellent outcome-based evidence for meeting Ofsted inspection criteria relating to preventing and responding to bullying. Research by Ofsted has shown that primary school pupils are twice as likely as secondary pupils to experience bullying.¹



1. Ofsted No Place for Bullying Report, June 2012

Who is involved?

We will be working in partnership with primary schools in Greenwich, Hackney, Haringey, Islington, Lambeth, Newham, Southwark, Tower Hamlets and Waltham Forest to deliver Primary BIT from September 2013 to December 2014.



During this time, nearly 600 professionals and 9000 pupils will receive training and support.

We will enable primary schools to mainstream bullying prevention strategies, knowledge and practice during the project and beyond.

We will also provide information to parents around bullying and how to reinforce the schools' efforts at home.